# **Building Trust**

### Increase confidence. Support performance.

Trust is imperative for teams to achieve their highest potential. When it erodes between individuals or groups, the results can damage personal relationships, team effectiveness and employee turnover.

Through our Building Trust workshop, teams discover how to establish and maintain confidence in each other through the lens of the Emergenetics Attributes and learn to build productive working relationships.

#### **Workshop Results**

The Harvard Business Review reported that companies with high trust had 76 percent more engagement, 50 percent more productivity and 106 percent more energy. After the Building Trust workshop, attendees will understand how to:



Foster an environment of trust for each Emergenetics Attribute



Build a foundation of team trust through specific techniques



Identify team strengths and opportunities related to trust



Build personal and team action plan, designed to create a more supportive environment



#### Who should attend this Power of WE™ workshop?

Intact teams or departments that are interested in:

- Fostering stronger collaboration
- Eliminating bad habits and lost accountability
- Building trusting, positive workplace environments





#### What is the workshop agenda?

Topics covered include:

- Understanding the importance of trust
- Techniques to build confidence in one another
- Assessing team trust
- Creating an individual and team action plan



## What activities are involved?

Our dynamic and interactive workshops encourage experiential learning to maximize retention through:

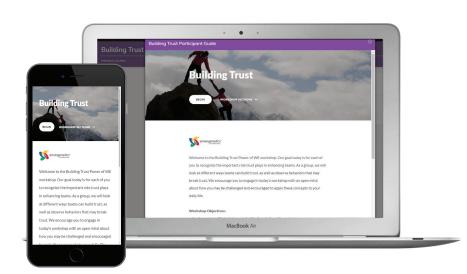
- Warm Up Activity: Begin to understand your similarities and differences
- Building Trust Activity: Use Emergenetics Attributes to understand actions and behaviors that build or erode trust
- Ties that Bind Us: Discover how a few compromised connections can weaken the entire team
- Assessing Team Trust: Identify areas that contribute to a lack of trust within your team and design a plan to address concerns
- Trust Action Plan: Determine next steps to build trust

#### **Facilitator Materials**

- Workshop Slides
- Facilitator Manual and Activity Handouts

#### **Participant Resources**

- Digital or printed participant guide
- Pre- and Postworkshop eLearning
- Individual Roadmap with Action Steps



Contact us today to help your teams and departments build trusting relationships and positive workplace environments.



